



AESTHETIC SURGERY CENTER

ANURAG AGARWAL, MD, FACS | RICHARD W. MALONEY, MD, FACS | WILLIAM A. ROSS, MD | CASEY HOLMES, MD

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Starting on July 5, 2021, Dr. Casey Holmes will join the Aesthetic Surgery Center team!

Dr. Holmes completed a general surgery residency at Loyola University Medical Center, where he chose to pursue an additional prestigious 2-year research fellowship. He developed a passion for plastic surgery, leading to his subsequent three-year plastic surgery residency at Cleveland Clinic Florida.

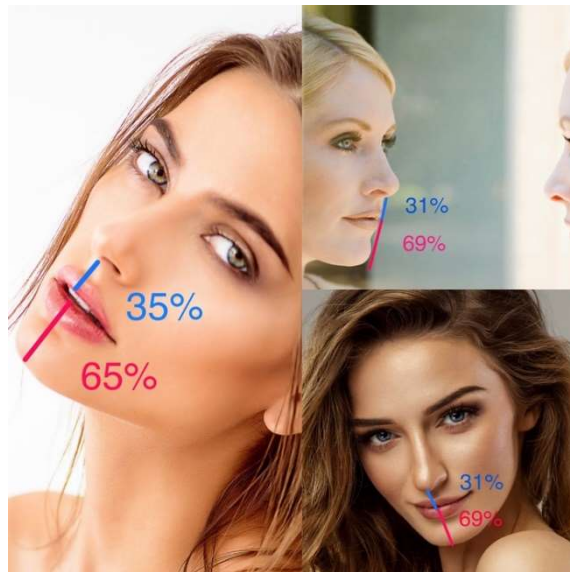
Dr. Holmes is trained in the full breadth of plastic surgery but specializes in aesthetic surgery of the face, breast, and body. He performs blepharoplasty, facelift surgery, neck rejuvenation, and reconstruction of the eyelids, nose, cheeks, and ears after skin cancer surgery. He has extensive experience in breast reduction, breast reconstruction, and body contouring, which includes liposuction, abdominoplasty (“tummy tuck”), and mommy makeovers.

Dr. Holmes’s philosophy is best summarized by his own statements: “I treat all of my patients like I treat my own family members. I want them to be happy

with themselves and will work with their goals and desires to give them the best and safest results possible.”

If you would like to learn more about this skilled professional, who is well versed in the latest techniques in plastic surgery, please click below. Appointments with Dr. Holmes will be available starting July 5, 2021.

[CLICK HERE TO READ MORE ABOUT DR. CASEY HOLMES](#)



Click on the link below to watch an educational video in which Dr. Agarwal describes aesthetically ideal upper to lower lip proportions and how an upper lip lift can make one look more youthful.

While beauty is often subjective, most can agree that the upper lip height should be significantly shorter than the lower lip height. As we age, it is common for the upper lip to vertically lengthen. This cannot be improved by fillers or neurotoxins, both of which can make the condition worse and make the patient look unnatural.

A subnasal upper lip lift can effectively shorten the upper lip length, giving more youthful proportions and a lasting improvement.

The 68 year old woman in the lower photo is shown before and 6 months after an in-office subnasal upper lip lift procedure, which Dr. Agarwal performed awake. Her upper lip lift incision at the base of the nose is well concealed, and you can see that her upper lip to lower lip ratio has been vertically shortened from 40% to 31%, resulting in a more youthful appearance.

[CLICK HERE TO WATCH DR. AGARWAL'S VIDEO
EXPLAINING IDEAL LIP PROPORTIONS](#)



Photos courtesy of Thermi

THERMiSmooth™

After 3 treatments
Area Treated: Eyes

ThermiSmooth™ is a procedure performed by our licensed aestheticians at the Aesthetic Surgery Center, utilizing the ThermiRF™ Radiofrequency skin

tightening technology. During a series of 4 weekly sessions, a temperature regulated probe is applied externally to the skin in order to heat the skin to the desired level (42-44°C). Heating of the skin to this temperature induces skin tightening by collagen contraction and remodeling, as well as long term stimulation of collagen production. Results are seen 2 to 12 months after the series of 4 treatments. The most commonly treated areas are the upper and lower eyelids to tighten the skin and improve fine lines, and the mouth area to improve lip lines.

For a LIMITED TIME ONLY (until supplies last), you will get a FREE TNS Advanced+ Serum with a purchased of a Thermismooth Package.

The combination of Thermismooth treatments and TNS Advanced+ Serum, is the perfect step towards healthier and younger looking skin!

Please call us today at 239-594-9100 to schedule a COMPLIMENTARY skin care consultation with one of our licensed aestheticians, Katherine or Ilaria.

[CLICK HERE TO READ MORE ABOUT THERMISMOOTH SKIN TIGHTENING](#)



THE LED SKIN SCOPE IS HERE AND IT'S TIME FOR YOUR COMPLIMENTARY SKIN CONSULTATION!

The LED skin scope enables our aestheticians to evaluate your skin using Ultraviolet (UV) light. When UV light is applied to the skin, the skin reflects the UV light as visible light. This visible light has different colors based on the condition of the skin.

For example, clumps of melanin in the skin are visualized as dark spots, oily skin is seen as a yellow color, dry flaky skin is visualized as a white color, etc... Based on the findings, our aestheticians can recommend an appropriate skin care regimen and Skin Spa treatments (such as microdermabrasion, chemical peels, hydrating facials, etc...). Results are most accurate if your skin is make-up free and there is no sunscreen on your skin.

Please call 239-594-9100 to schedule A complimentary skin care consultation with one of our licensed aestheticians, Katherine or Ilaria. They will help you get your skin on track and looking its best.

[CLICK HERE TO READ ABOUT LED SKIN SCOPE ANALYSIS!](#)

Join the conversation!

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