



AESTHETIC SURGERY CENTER

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During the last 10 years, I have seen the number of men who have plastic surgery rapidly rise. There are several factors:

1. Results that demonstrate rejuvenation in a natural, undetectable manner
2. The ability to hide incisions and minimize visible scars
3. Avoidance of feminization of masculine features
4. The desire to look as youthful as their significant others, who may have had cosmetic procedures performed
5. Wanting to stay competitive in the work force later in life

As an example, this is a 56-year-old gentleman who sent selfies of himself before and after I performed upper blepharoplasty with repair of a left upper eyelid ptosis (droopy eyelid), lower eyelid blepharoplasty with laser resurfacing, and fat transfer to the under eye hollows 10 months ago. It took years off by refreshing the upper and lower eyelids and revealing his natural eye color and shape.

If you would like to consult with one of our surgeons, please call 239-594-9100 to set up your appointment.

[CLICK HERE TO SEE OUR MALE PHOTO GALLERY](#)



Dr Holmes putting some finishing touches on one of his favorite cases! Lipo 360 with Renuvion. The flanks are a critical area for liposuction and can make a huge difference in appearance. Renuvion adds up to 60% contraction of the skin in the areas of liposuction. This helps get the patient the contoured, youthful look they desire.

Combining VASER® liposuction surgery with Renuvion® allows Dr. Holmes to contour areas of excess fat with precise fat removal and then tighten skin.

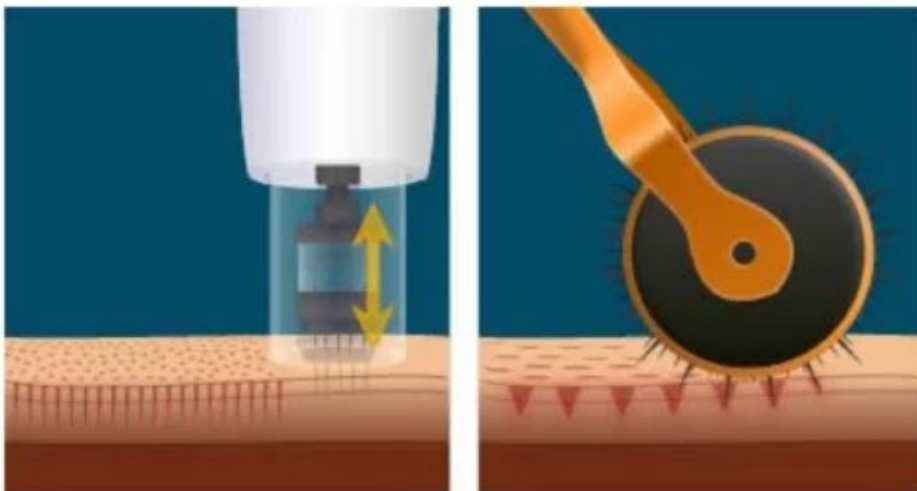
Women and men choose Renuvion® for nonsurgical skin tightening on a variety of areas, including:

- Upper back and bra line
- Upper arms
- Tummy, waist, and hips
- Buttocks
- Thighs
- Knees

Treated areas typically look firmer and toned with a reduced crepe-like appearance immediately following Renuvion® treatment. The skin will continue to tighten and smooth for 6 to 9 months as new collagen forms and the original collagen remodels.

If you are interested in learning more skin tightening on the body using Renuvion®, please call 239-594-9100 to schedule your consultation with Board Certified Plastic Surgeon, Dr. Casey Holmes.

[CLICK HERE TO READ MORE BODY SKIN TIGHTENING WITH RENUVION®](#)



What does Thermismooth with Microneedling Accomplish?

The combination of Thermismooth and Microneedling improves fine lines and wrinkles in the skin, superficial acne scarring, skin texture/tone, and triggers new youthful collagen formation in the dermis of the skin. Here is how they work synergistically:

- 1 Thermismooth heats the skin with an external probe applied to the skin by our licensed aestheticians. The skin is heated to cause collagen contraction and remodeling.
- 2 Microneedling works by penetrating the skin with fine needles, which purposely creates pinpoint wounds, that the body heals by producing new collagen and elastin.

These treatments are performed in a series.

Please click on the link below to learn more about these treatments or call us at 239-594-9100 to set up an appointment with one of our skilled aestheticians.

[CLICK HERE TO READ MORE ABOUT THERMISMOOTH AND MICRONEEDLING](#)

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